

Guitar Training material contents:

page	title	type	location	genre	video	audio
3	basic exercises	exercise	GT XL		v	a
4	technical exercises	exercise	GT XL			a
6	practising tips	exercise	GT XL			a
8	scales, interval structure, chord functi	exercise	GT XL			a
9	Scale overview	exercise	GT XL			a
10	major scale fingerings	exercise	GT XL		v	a
11	major scale chromatic up and down	exercise	GT XL			a
12	diatonic scales position 1	exercise	GT XL			a
14	major scale in groups of four	exercise	GT XL			a
15	major scale in a II - V - progression	exercise	GT XL			a
17	major scale sequencing ideas	exercise	GT XL			a
18	diatonic fingerings of the major scale	exercise	GT XL			a
21	major pentatonic scale	exercise	GT XL			a
22	melodic minor scale	exercise	GT XL			a
23	harmonic minor scale	exercise	GT XL			a
24	melodic minor pentatonics	exercise	GT XL			a
25	Blues scale	exercise	GT XL			a
26	whole tone half tone scale	exercise	GT XL			a
27	half tone whole tone scale	exercise	GT XL			a
28	pentatonics theory	exercise	GT XL			
30	arpeggios	exercise	GT XL			
31	elementary arpeggios	exercise	GT XL		v	
37	major arpeggio	exercise	GT XL			a
39	drop2 and drop3 principle	exercise	GT XL			
40	drop2 and drop3 voicings	exercise	GT XL			
44	chords introduction	exercise	GT XL			
46	chords type 1	exercise	GT XL			a
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49	chord exercises type one and two	exercise	GT XL			a
51	chords type 3	exercise	GT XL			a
54	chords type 4	exercise	GT XL			a
56	chord overview	exercise	GT XL			
57	instructions for basic chords	exercise	GT XL			
58	basic chords notation and tab	exercise	GT XL			
60	basic chords tab only	exercise	GT XL			a
61	block chords introduction	exercise	GT XL			
62	block chords tab	exercise	GT XL			a
66	2 blues in F7	solo	GT XL	blues		a
67	4 bebop blues	solo	GT XL	blues		a
69	blues tribute to Wes	solo	GT XL	blues	v	
72	2 blues in F advanced	solo	GT XL	blues		a

75	Take the A Train	chord melody	GT XL	swing		a
76	Take the A Train voicings	chord	GT XL	swing		a
78	Take the A Train solo	solo	GT XL	swing		a
80	All the things you are	chord melody	GT XL	swing		a
81	Autumn Leaves basic chords	chord	GT XL	swing	v	
82	Autumn Leaves comping exercise	chord	GT XL	swing	v	
88	Blue Bossa melody and voicings	chord melody	GT XL	bossa	v	
89	Blue in Green	chord melody	GT XL	ballad	v	
90	Blue Bossa example solo	solo	GT XL	bossa		a
93	Blue Bossa extended solo	solo	GT XL	bossa	v	
99	There will never be another you	chord	GT XL	swing		a
101	Autumn Leaves solo 1	solo	GT XL	swing	v	
106	Autumn Leaves solo 2	solo	GT XL	swing	v	
112	voicings introduction	exercise	GT XL			
113	blues voicings in F7	chord	GT XL	blues		a
114	blues voicings in Bb7	chord	GT XL	blues		a
115	blues voicings (Parker blues)	chord	GT XL	blues		a
116	Body and Soul	chord melody	GT XL	ballad	v	
117	Lullaby of Birdland	chord melody	GT XL	swing		a
118	I've grown accustomed to your face	chord melody	GT XL	ballad		a
120	Giant Steps	chord melody	GT XL	swing		a
121	Girl from Ipanema	chord	GT XL	bossa		a
123	How high the moon	chord melody	GT XL	swing	v	
125	It shouldn't happen to a dream	chord melody	GT XL	ballad		a
126	Have you met Mrs Jones	chord melody	GT XL	swing		a
127	Misty	chord melody	GT XL	ballad		a
128	One Note Samba	chord	GT XL	bossa		a
129	Pent up House	chord	GT XL	swing		a
130	Satin Doll	chord melody	GT XL	swing	v	
131	Stella by starlight	chord melody	GT XL	swing		a
133						
134	Yardbird suite	chord melody	GT XL	swing		a
135	Satin Doll solo example	solo	GT XL	swing	v	
137	Turnarounds	exercise	GT XL			a
138	Rhythm patterns for scales	exercise	GT XL			
139	patterns for comping	exercise	GT XL			a
142	II-V-I patterns	exercise	GT XL			a
148	scotland patterns	exercise	GT XL			a
151	Round Midnight (block chords)	chord solo	GT XL	ballad		
153	Rhythm Changes Solo 1	solo	GT XL	swing	v	
155	Rhythm Changes Solo 2	solo	GT XL	swing	v	
158	Rhythm Changes voicings	chord	GT XL	swing	v	
160	The Thumb (solo transcription)	solo	GT XL	blues		
163						
165	basic patterns in G major	exercise	GT XL			a

166	basic patterns in C major	exercise	GT XL	a
167	dorian phrases	exercise	GT XL	a
168	altered phrases	exercise	GT XL	a
173	mixolydian phrases	exercise	GT XL	a
175	dorian phrases over two octaves	exercise	GT XL	a
177	standard chord progressions	theory	GT XL	
178	articulation and phrasing	theory	GT XL	
179	substitutions	theory	GT XL	
184	diagram: chord reinterpretation	theory	GT XL	
185	diatonic chord shapes	exercise	GT XL	
188	diagram: scale circle	theory	GT XL	
190	diagram: which scale for which chord	theory	GT XL	
191	drop2 and drop3 chords and inversion	theory	GT XL	

Backing Tracks Guitar Training XL:

15	Bossa in Gmaj	backing_bossa_maj	GT XL	a
15	Bossa in Cmaj	backing_bossa_maj_c	GT XL	a
17	Diatonic chords up in Gmaj	02_gmaj1-pb_80.mp3	GT XL	a
27	Swing in Gminor	backing_swing_minor_pb	GT XL	a
76	Blues in F7	Blues_F2_backing.mp3	GT XL	a
80	Take the A-Train	A-Train - Track71.mp3	GT XL	a
83	All the things you are	All the things_pb.mp3	GT XL	a
85	Autumn Leaves	autumn_pb.mp3	GT XL	a
94	Blue Bossa	blue bossa backing.mp3	GT XL	a
103	There will never be another you	ther will never be_backing.mp3	GT XL	a
119	Blues in Bb7	blues_bb.mp3	GT XL	a
122	Lullaby of Birdland	lullaby_pb.mp3	GT XL	a
125	Giant Steps	giant steps.mp3	GT XL	a
126	Girl from Ipanema	girl ipanema.mp3	GT XL	a
129	How high the moon	How high2b.mp3	GT XL	a
131	Have you met Mrs Jones	Mrs Jones2_full.mp3	GT XL	a
132	Misty	Misty_pb.mp3	GT XL	a
133	One Note Samba	one note samba.mp3	GT XL	a
134	Pentup House	Pentup.mp3	GT XL	a
136	Stella by starlight	Stella_pb.mp3	GT XL	a
164	Rhythm Changes in Bb -	Track69.mp3	GT XL	a

Tunes in alphabetic order:

22	500 miles high	voicings	add on 12			
3	A child is born	basic voicings	add on 4	ballad	v	
3	A child is born	extended voicings	add on 5	ballad	v	a
5	A child is born	chord melody	add on 4	ballad	v	
6	A foggy day	basic chords	add on 5	swing	v	a
19	A foggy day	chord melody	add on 2	swing		a

8	A night in Tunisia	basic chords	add on 5	Swing/lat	v	a
9	Afternoon in Paris	basic chords	add on 5	swing	v	a
10	Airegin	basic chords	add on 5	swing	v	a
11	Alice in Wonderland	melody arrangement	add on 5	waltz	v	a
13	All Blues	basic voicings	add on 5	waltz		a
16	All Blues	2 solos	add on 5	waltz		a
26	All Blues	chord	add on 2	blues		a
3	All of me	chord	add on 1	swing		
18	All of me	basic voicings	add on 5	swing	v	a
20	Alone together	basic chords	add on 5	swing	v	a
7	Angel Eyes	basic voicings	add on 4	ballad		a
22	Anthropology	basic voicings	add on 5	swing	v	a
23	April Joy	basic voicings	add on 5	latin	v	a
8	As time goes by	basic voicings	add on 4	ballad		a
24	Au privave	basic chords	add on 5	swing	v	a
25	Autumn Leaves	basic chords	add on 5	swing	v	a
26	Autumn Leaves	bassline	add on 5	swing		
3	Beautiful love	melody voicings	add on 6	swing	v	a
4	Beautiful love	improvisation	add on 6	swing	v	a
6	Black Orpheus	basic chords	add on 6	bossa	v	a
8	Black Orpheus	extended chords	add on 6	bossa	v	a
2	Block chord exercises	exercise	add on 3		v	
9	Blue in Green	chord melody	add on 4	ballad	v	
10	Blue in Green	voicings	add on 4	ballad		a
10	Blue Moon	basic chords	add on 6	swing	v	a
12	Blue Moon	extended chords	add on 6	swing	v	a
19	Blue Trane (Minor blues)	basic voicings	add on 6	swing	v	a
16	Blues for Alice (Parker Blues)	chord voicings	add on 6	swing	v	a
24	Blues in F - Twisted Blues	melody	add on 2	blues		a
21	Blues in G - The Thumb	chord	add on 2	blues		a
14	Bluesette	basic chords	add on 6	waltz	v	a
15	Bluesette	extended voicings	add on 6	waltz	v	a
21	Body and Soul	Easy comping	add on 6	ballad	v	a
10	Bossa Comping	chord	add on 2	bossa		a
23	But not for me	basic voicings	add on 6	swing	v	a
25	Bye bye Blackbird	basic voicings	add on 6	swing	v	a
26	Bye bye Blackbird	extended voicings	add on 6	swing	v	a
3	Cantaloupe Island	voicings	add on 7	modal		
5	Caravan	chord melody	add on 7	swing		
7	Cherokee	basic chords	add on 7	swing		
9	Cherokee	extended chords	add on 7	swing		
3	chromatische Übungen (chromatic exercise)	exercise	add on 2			a
25	comping patterns for 3/4		add on 12			
15	Corcovado (Begleitung - comping)	chord	add on 2	bossa		a
10	Darn that dream	chord melody	add on 7	ballad		

5	Days of Wine and Roses	chord melody	add on 1	swing	
16	Days of Wine and Roses	extended chords	add on 7	swing	
12	Desafinado	basic chords	add on 7	bossa	
14	Desafinado	extended chords	add on 7	bossa	
6	diatonic thirds and triads	exercise	add on 3		v
14	diatonic thirds and triads diagrams	exercise	add on 3		v
3	Dolphin Dance	voicings	add on 12		
8	Don't get around much anymore		add on 12		
5	Donna Lee	basic voicings	add on 12		
6	Donna Lee	rootless voicings	add on 12		
18	Doxy	extended chords	add on 7	swing	
10	Easy living	chord melody	add on 12		
14	Equinox	comping variations for Minor Blues	add on 12		
20	Estate chords and bossa tutorial		add on 12		
19	Estate Intro	Matt Otten transcription	add on 12		
17	Fly me to the moon	chord melody	add on 2	swing	a
23	Footprints	chord melody	add on 12		
26	Footprints	voicings	add on 12		
28	Forest Flower		add on 12		
29	Four	comping variations	add on 12		
31	Four on Six	comping with notated rhythm	add on 12		
7	Freddie Freeloader	chord melody	add on 1	blues	
11	Georgia on my mind	basic voicings	add on 4	ballad	v
8	How insensitive	chord melody	add on 1	bossa	
10	Meditation	chord melody	add on 1	bossa	
12	My funny Valentine	basic voicings	add on 4	ballad	v
14	My funny Valentine	extended voicings	add on 4	ballad	v
16	My funny Valentine	melody with bass	add on 4	ballad	a
18	Peace	basic voicings	add on 4	ballad	v
19	Peace	extended voicings	add on 4	ballad	v
20	Peace	melody with bass	add on 4	ballad	v
21	Peace	chord melody	add on 4	ballad	v
12	Rhythm Changes easy	chord	add on 1	swing	
22	Round Midnight	basic voicings	add on 4	ballad	v
23	Round Midnight	extended voicings	add on 4	ballad	v
24	Round Midnight	chord solo	add on 4	ballad	a
14	Song for my father (Begleitung - comp)	chord	add on 2	bossa	a
14	Song for my father chord arrangement	chord melody	add on 1	bossa	
8	ternary exercises	exercise	add on 2		a
22	triads and inversions C major	exercise	add on 3		v
24	triads and inversions C minor	exercise	add on 3		v
18	triads and inversions G major	exercise	add on 3		v
20	triads and inversions G minor	exercise	add on 3		v
26	triads and inversions mixed exercises	exercise	add on 3		v
25	Twisted Blues voicings	chord	add on 2	blues	a

22	Voicings for Blues in G	chord	add on 2	blues		a
15	Voicings for turnaround progressions	chord	add on 1	swing		
19	Walking Bass Blues in F	chord	add on 1	swing		
18	Walking Bass Lines in Bb	chord	add on 1	swing		
20	Wave	chord	add on 1	bossa		
22	Why didn't I choose you	chord	add on 1	ballad		
26	You don't know what love is	basic voicings	add on 4	ballad		a
28	You don't know what love is	extended voicings	add on 4	ballad		a
4	Blues in F7 - 1	voicings	add on 8	blues	V	a
5	Blues in F7 - 2	voicings	add on 8	blues	V	a
6	Blues in F7 - 3	voicings	add on 8	blues	V	a
7	3 voicings for F7 Blues	voicings	add on 8	blues	V	a
8	Blues in Bb7 - 1	voicings	add on 8	blues	V	a
9	Blues in Bb7 - 2	voicings	add on 8	blues	V	a
10	Blues in Bb7 - 3	voicings	add on 8	blues	V	a
11	3 voicings for Bb7 Blues	voicings	add on 8	blues	V	a
12	3 voicings for Parker (Bird) Blues	voicings	add on 8	blues	V	a
13	3 voicings for G7 Blues	voicings	add on 8	blues	V	a
15	3 voicings for All Blues	voicings	add on 8	blues	V	a
18	3 voicings for Blues for Alice	voicings	add on 8	blues	V	a
21	4 voicings for Blues in C minor	voicings	add on 8	blues	V	a
23	voicing for Freddie Freeloader	voicings	add on 8	blues	V	a
24	walking bass blues in F7	voicings	add on 8	blues	V	a
25	The blues scale	scale	add on 8	blues	V	a
26	soloing over All Blues	improvisation	add on 8	blues		a
28	soloing with the D-blues scale	improvisation	add on 8	blues	V	a
31	soloing over slow blues in G7	improvisation	add on 8	blues	V	a
34	soloing over blues in F7	improvisation	add on 8	blues	V	a
36	soloing over blues in F7 extended	improvisation	add on 8	blues	V	a
40	comping with block chords and	improvisation	add on 8	blues	V	a
40	octaves	improvisation	add on 8	blues		
	shell chords / structure: 1 (root) - 7 (7th) - 3 (3rd)		add on 9	walking bass		
	shell chords / structure: 1 - 3 - 7 (3rd and 7th inverted)		add on 9	walking bass		
	diatonic shell chords / structure: 1 - 2 - 3 - 4 - 5 - 6 - 7 - 1 (of the major scale)		add on 9	walking bass		
	shell chords with approach tones and tritone substitution		add on 9	walking bass		
	inversions of major, minor and dominant7th chords (3 voices)		add on 9	walking bass		
	inversions of major, minor and dominant7th chords (4 voices) - Drop2 and		add on 9	walking bass		
	Walking bass: playing the first three scale tones		add on 9	walking bass		
	Walking bass: playing 1 - 2 - 3 - 5		add on 9	walking bass		
	Walking bass: playing bass lines with approach tones		add on 9	walking bass		
	Walking bass: combining shell chords and walking bass lines		add on 9	walking bass		
	Walking bass: some jazz standards with walking bass lines		add on 9	walking bass		
	Theory and diagrams (English)		add on 10	pentatonic		
	Theorie und Diagramme (Deutsch)		add on 10	pentatonic		
	Position 1		add on 10	pentatonic		

Position 2	add on 10	pentatonic
Position 3	add on 10	pentatonic
Position 4	add on 10	pentatonic
Position 5	add on 10	pentatonic
Position 1 +2	add on 10	pentatonic
Position 2 +3	add on 10	pentatonic
Position 3 +4	add on 10	pentatonic
Position 4 +5	add on 10	pentatonic
Position 1 +2 +3	add on 10	pentatonic
Position 1 +2 +3+4	add on 10	pentatonic

Theory and diagrams (English)	add on 11	arpeggios
Theorie und Diagramme (Deutsch)	add on 11	arpeggios
Position 1	add on 11	arpeggios
Position 2	add on 11	arpeggios
Position 3	add on 11	arpeggios
Position 4	add on 11	arpeggios
Position 5	add on 11	arpeggios
Exercises 6 - 10	add on 11	arpeggios
Progressions of backing tracks	add on 11	arpeggios

modal voicings	add on 14	modal voicings
octaves	add on 13	octaves
dorian scale	add on 15	dorian exercises
melodic minor scale	add on 16	
layered triads and arpeggios	add on 17	
mixolydian scale	add on 18	
altered dominant7th lines	add on 19	

transcriptions 1	
transcriptions 2	Emily Remler Solos
transcriptions 3	
transcriptions 4	Chuck Loeb solos
transcriptions 5	Wes Montgomery solos 1
transcriptions 6	Wes Montgomery solos 2
transcriptions 7	Grant Green licks
transcriptions 8	Pat Metheny solos
transcriptions 9	George Benson solos